

RIGHT

LEFT

OTHER

N S Т N Т RADIOLOGISTS: K. R. CRANSTOUN N. ISAAC S. ARMSTRONG

A. G. BASS P. CAUSER M. K. CHANG G. CHOW

L. FRIEDMAN B. M. GINZBURG R. GOLDBERG

H. DEIF

R. MARGAU I. JACOBS B. O'HAYON D. H. PHAM E. K. LAI F LAMERE H. R. STONEMAN C. MACADAM A. TUNIS

C L. GRINBLAT K. MAK APPOINTMENT NAME \_ DATE\_ ADDRESS TIME: DATE OF BIRTH **TELEPHONE** \*PLEASE ARRIVE 10 MIN. BEFORE YOUR APPT. TIME. \*48 HOURS NOTICE FOR CANCELLATIONS. HEALTH CARD No. CLINICAL INFORMATION REFERRING PHYSICIAN M.D SIGNATURE ADDITIONAL REPORT SENT TO **ULTRASOUND** (All procedures involve color Doppler where applicable) NUCLEAR CARDIOLOGY **OBSTETRICAL** DLMP. POSSIBILITY OF PREGNANCY AND/OR BREAST FEEDING? YES NO DATING **MYOCARDIAL PERFUSION** IPS NT MEASUREMENT VASCULAR ULTRASOUND PERSANTINE EXERCISE (12 - 14 WKS) CAROTIDS **DETAILED OB SCAN** RESTING VENTRICULAR FUNCTION (REST MUGA) (18 - 20 WKS) l L **VEINS OF ARMS** THIRD TRIMESTER / BPP CARDIOLOGY **VEINS OF LEGS** COMPLICATIONS GRADED EXERCISE TEST (GXT) EVENT RECORDER ARTERIES OF ARMS R/O ECTOPIC ARTERIES OF LEGS **ECHO** STRESS ECHO **GENERAL** 48 HRS HOLTER 24 HRS ABDOMEN TESTICULAR **MUSCULO-SKELETAL AXILLA** SALIVARY GLANDS NUCLEAR **MEDICINE** R **RENAL** L SHOULDER POSSIBILITY OF PREGNANCY AND/OR BREAST FEEDING? YES NO BLADDER **ELBOW ENDOCRINE NERVOUS PROSTATE HAMSTRINGS** THYROID UPTAKE & SCAN BRAIN PERFUSION SPECT **PELVIC KNEE** PARA-THYROID **GENITOURINARY TRANSVAGINAL** l R FOOT THYROID SCAN ONLY RENAL FLOW & POST VOID **ACHILLES TENDON DIFFERENTIAL** IODINE UPTAKE MEASUREMENT **GROINS FUNCTION (DTPA) ANKLES** NECK **GASTROINTESTINAL** RESPIRATORY □ R **HANDS THYROID** LIVER / SPLEEN (SULPHUR COLLOID) VENTILATION / PERFUSION THYROID BIOPSY **HIPS** R.B.C. LIVER LUNG & CHEST X-RAY T.M. JOINTS HEPATOBILIARY (HIDA) **SKELETAL OTHER** MECKEL'S DIVERTICULUM BONE / WHOLE BODY **BONE MINERAL ESTIMATION (BMD)** SALIVARY BONE / SPECIFIC SITE BASELINE LOW RISK ■ HIGH RISK OTHER X-RAYS MAMMOGRAPHY UPPER EXTREMITIES CHEST **HEAD & NECK** SPINE & PELVIS LOWER EXTREMITIES R L HIP CHEST PA & LAT SINUSES CERVICAL SPINE R L SHOULDER R L CLAVICLE R L FEMUR CHEST VISA SKULL THORACIC SPINE R L AC JOINTS R L KNEE STERNUM FACIAL BONES LUMBAR SPINE RIBS & CHEST PA NOSE SCOLIOSIS (2 VIEWS) R L L SC JOINTS R L L TIBIA & FIBULA R L SCAPULA R L ANKLE R ши MANDIBLE SACRUM & COCCYX S-IJOINTS R L HUMERUS R L FOOT T.M. JOINTS RIGHT PELVIS R L L ELBOW R L CALCANEUS ADENOIDS **ABDOMEN** Please indicate location and size of lesion R L FOREARM MASTOIDS R L TOES SKELETAL SURVEY KUB OBSP ROUTINE No.1 2 3 4 5 NECK FOR SOFT TISSUE R L WRIST TWO VIEWS + CHEST PA ARTHRITIC MAMMOGRAM R 🔲 L SCAPHOID I.A.M. METASTATIC IMPLANTS R L HAND SELLA TURCICA



L FINGERS No. 1 2 3 4 5

**BONE AGE** 

# PREPARATIONS AND INSTRUCTIONS FOR EXAMINATIONS

O.H.I.P. REQUIRES YOU TO BRING YOUR VALID HEALTH CARD AND REQUISITION COMPLETED AND SIGNED BY YOUR DOCTOR.

# CLINIC LOCATIONS

# 1333 Sheppard Ave. East, Suite 100/125 Willowdale, ON M2J 1V1

# FINCH AVE. N ① SHEPPARD AVE, EAST RD DON MILLS ESLIE HIGHWAY 401

#### Suite 100

Tel: 416-494-8800 ext 100

Fax: 416-494-9257

X-RAY **ULTRASOUND MAMMOGRAPHY** 

#### Suite 125

Tel: 416-494-0030 Fax: 416-494-8611

BMD / GXT / **HOLTER / ECHO NUCLEAR MEDICINE** CARDIOLOGY

# 1100 Sheppard Ave. East, Suite 103 Willowdale, ON M2K 2W2



Tel: 416-223-4884 Fax: 416-223-4886

X-RAY

**ULTRASOUND** 

1450 O'Connor Drive, Building 1 Unit 12, Toronto, ON M4B 2T8



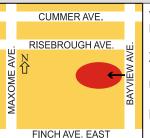
Tel: 416-759-3223 Fax: 416-759-6964

X-RAY

**ULTRASOUND** 

**BMD** 

3292 Bayview Ave., Suite 206 Toronto, ON M2M 4J5



Tel: 647-427-0195 Fax: 416-225-8220

X-RAY

**ULTRASOUND** 

**BMD** 

#### **ULTRASOUND**

#### **ABDOMEN**

If your appointment is in the morning, nothing to eat or drink 8 hours prior to your appointment. If your appointment is in the afternoon, for breakfast you may eat dry toast, black tea, black coffee and juice (NO MILK) up to 9 a.m. Duration ½ hour.

# PELVIC / EARLY PREGNANCY (UP TO 14 WEEKS)

A full bladder is necessary. Finish drinking 1 litre of clear fluids 1 hour prior to your appointment. DO NOT EMPTY YOUR BLADDER. Duration 1 hour.

#### ABDOMEN AND PELVIC

Nothing to eat 8 hrs prior to your appointment.

A full bladder is necessary. Finish drinking 1 litre of clear fluids 1 hour prior to your appointment. DO NOT EMPTY YOUR BLADDER. Duration 1 hour.

## **OBSTETRICAL DETAILED PREGNANCY 18 - 20 WEEKS / 3rd TRIMESTER**

A full bladder is necessary, Finish drinking ½ litre of clear fluids 1 hour prior to your appointment. DO NOT EMPTY YOUR BLADDER. Duration 1 hour.

#### **MAMMOGRAPHY**

- 1. For best results, it is preferrable to schedule the examination during the first 2 weeks following onset of your menstrual period.
- 2. **Do not use** deodorant or body powder on the day of the examination.

#### CARDIOLOGY

Exercise Myocardial Perfusion/Persantine Myocardial Perfusion: Duration 4.5 hours.

Graded Exercise Test: Duration 1 hour.

- 1. No solid food 4 hours prior to appointment.
- 2. No caffeine (tea, coffee, chocolate, soft drinks, Tylenol 1-3) 24 hours prior to appointment.
- 3. You should be off beta-blockers and calcium channel blockers 48 hours prior to appointment - in consultation with your referring physician.
- 4. Wear/Bring something comfortable for the exercise test. (Running shoes and pants).
- 5. Bring a list of all your current medications.

**Resting Ventricular function:** No preparation required. Duration 1.5 hours.

Holter / Event Recorder: No preparation required. Duration 30 minutes.

**Echo:** No preparation required. Duration 1 hour.

Stress Echo: No preparation required. Duration 2 hours.

## **NUCLEAR MEDICINE**

**Bone Scan:** No preparation required. Duration 3.5 hours.

Thyroid Scan and Uptake: Duration two days < 1 hour each

- 1. No thyroid medication for 4 weeks prior to appointment- in consultation with your referring physician.
- 2. No recent CT scan or I.V.P.

**Perfusion Brain Scan:** No caffeine 24 hours prior to appointment.

Duration 2 hours.

Liver/Spleen or RBC Liver Study: No preparation. Duration 2.5 hours.

**Hepatobiliary Study:** Nothing to eat or drink from midnight the night before.

Duration 2 hours.

Renal Study: Drink 16 oz (2 large glasses) of fluid 1 hour prior to appointment.

Duration 1 hour.

**Lung Scan:** No preparation. Duration 1.5 hours.

# **BONE MINERAL ESTIMATION (BMD)**

No preparation required. Duration: 15 minutes. No Barium Studies within 7 days. Refrain from wearing clothing with zippers/metal snaps.

## X-RAYS No preparation/appointment required.

This requisition form can be taken to any licensed facility providing healthcare services including hospitals and IHFs. such as those listed on the IHF Program website: http://www.health.gov.on.ca/en/public/programs/ihf/facilities.aspx